

PLANT STRONG[®]

by  Metabite



BOOST EMPLOYEE HEALTH, CUT HEALTHCARE COSTS

The PLANTSTRONG by Metabite Corporate Wellness Program is a comprehensive, easy-to-implement solution designed to improve employee health, reduce healthcare premiums, and build a healthier, more productive workforce—all without the hassles of traditional programs.

PROGRAM HIGHLIGHTS

1. Proven Results

In our recent pilot, employees saw a 5.8% average weight loss, a 13% decrease in LDL cholesterol, a 7% drop in total cholesterol, plus improved blood pressure and A1C levels.

2. Immediate Cost Savings

Self-insured employers save by reducing healthcare utilization and focusing on prevention—savings that grow over time.

3. 24/7 Support & Engagement

Metabite's HIPAA-compliant platform provides live group support, AI-powered coaching, personalized resources, and community building, around the clock.

4. Comprehensive Wellness

Employees receive FSA/HSA-eligible PLANTSTRONG foods delivered to their door along with tools and resources to make lasting changes.

PILOT SUCCESS

"We've replaced all our wellness offerings with this program. It changes lives without forcing choices. This is true support for our employees."

**Robert Boyce—Director of
Compensation & Benefits,
Central Garden and Pet**



**READY TO TRANSFORM
EMPLOYEE HEALTH?**

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